**Title**: “Many people think that it is better to eat organic food. What is your opinion?”

**Created by:** Euripides Karaolis & Andry Hadjicharou (Cyprus)

**Short description**: This activity thematizes whether it is better to eat organic food. It caters to different age groups and focuses on speaking skills and using the tools Padlet, Tricider, and Mentimeter. It involves expressing opinions and understanding the concept of organic food. Its duration is some 80 minutes.

**Languages activity is designed for**: English, adaptable to other languages.

**Age group:**

☐0-5

* ☐6-10
* ☒11-18
* ☒19-25
* ☒26-64
* ☒65+

**Level:**

* ☐A1
* ☐A2
* ☒B1
* ☐B2
* ☐C1
* ☐Teacher trainees

**Learning outcomes:**

* Expressing opinions;
* Understanding the concept of organic food;
* Comparing organic and non-organic food.

**Skills:**

* ☐Listening
* ☒Speaking
* ☐Reading
* ☐Writing
* ☐Interaction
* ☐Vocabulary
* ☐Grammar
* ☐Mediation
* ☐Pronunciation
* ☐Intercultural
* ☐Plurilingual

**ICT tools used:** Padlet, Tricider, Mentimeter

**Duration in minutes**:

* ☐15-30
* ☐30-60
* ☒60-90
* ☐90-120
* ☐120+

**Will students be marked?**

* ☐Yes
* ☒No

**Timing:** The activity is to last some 80 minutes: 30-40 minutes of Mentimer and Padlet and 30-40 minutes of Tricider, together with the following discussion.

**Description of each stage of the activity**:

* Students are given a code to join a Mentimeter and write three words they associate with the term organic food.
* In pairs, students find out about their partner’s daily diet and use Padlet to express their ideas.
* They are then asked to comment on their classmate’s diet and give advice.
* Following these two activities, students join a presentation on Tricider and express their opinion. This activity was created in the context of a previous lesson focusing on reading comprehension related to cutting down on meat or following a vegetarian diet, so other educators might want to bear this in mind.

**Potential challenges/problems**:

* ☒Yes: the teacher/educator must have an awareness of food shaming and how commenting on another person’s diet might trigger negative responses or be a form of bullying.
* ☐No

**Post-evaluation of the activity (e.g., Once you have carried it out, how will you gauge whether it has been successful? How will you get feedback from students? etc.):** I’ll be satisfied with the activity if:

* Students are able to use vocabulary related to nutrition (1);
* Learn to express agreement or disagreement (2);
* Choose points or arguments they have the most to say about (3).

[](https://creativecommons.org/licenses/by-nc-sa/4.0/)

Attribution: Original activity from “Use of ICT in support of language teaching and learning (ICT-REV)”, European Centre for Modern Languages of the Council of Europe. [www.ecml.at/ictrev](http://www.ecml.at/ictrev)